

Hickory 5K Series

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Throughout the year, the Hickory Parks, Recreation & Sports Tourism Department hosts a series of 5K races in varying locations across the city to encourage runners to go outdoors and explore different parks and trail systems in Hickory. Each race is unique and poses its own challenges and triumphs. Presented by Frye Regional Medical Center, the Official Healthcare Provider of the Hickory 5K Series.

2026 5K Races



Easter Egg Scramble 5K

Saturday, March 28, 2026 | 9 a.m.
Hickory City Park (1581 12th St Dr
NW)

Hop toward the Easter holiday in
this festive run along the
Riverwalk on Lake Hickory.

Aviation 5K

Saturday, May 23, 2026 | 9 a.m.
Winkler Park (2500 Clement Blvd
NW)

This race allows runners to run
across the iconic Hickory Bridge
along the Aviation Walk.

Lightning Bug Boogie 5K

Friday, Aug. 14, 2026 | 9 p.m.
Lake Hickory Trails (1581 12th
Street Drive NW)

Don your headlamp and traverse
the Lake Hickory Trails during
this nighttime trail run.



Ruff Ruff Run 5K

Saturday, Sept. 26, 2026 | 11 a.m.
Winkler Park (2500 Clement Blvd
NW)

Participants run with their
leashed dogs in the Ruff Ruff
Run. The Dog Festival starts at 10
a.m. with dog-friendly vendors,
sponsors, and food trucks.



Trick or Trot 5K

Saturday, Oct. 31, 2026 | 9 a.m.
Stanford Park (1451 8th St Dr NE)

Runners dress in their best
Halloween costumes and
compete for overall race prizes
as well as the award for best
costume.

Registration

Participants can sign up for as many or as few races as they would like. Those who participate in at least 4 out of 5 races are eligible for series prizes.

[Register Now](#)

5K Series Presenting Sponsor

5K Series Sponsor

Sponsorship Opportunities

The 2026 Hickory 5K Series is presented by Frye Regional Medical Center, the Official Healthcare Provider of the Hickory 5K Series.

FRYE REGIONAL MEDICAL CENTER

The 2026 Hickory 5K Series is also sponsored by OS1st, the Official Performance Sock of the Hickory 5K Series.



Interested in sponsoring one of the 5K races? [Click here](#) for available sponsorship levels and more information.

Contact

Please contact Lance Riddile at 828-322-7046, Ext. 7254, or via email at lriddile@hickorync.gov for more information or sponsorship opportunities.

City of Hickory

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(828) 323-7400

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Life. Well Crafted.

Hickory is for doers and makers seeking a well-rounded community, located between Charlotte and Asheville at the foot of the Blue Ridge Mountains, along I-40, where a collective spirit of craftsmanship strengthens any endeavor with detail, artistry, and quality. Hickory is the perfect place to work, live, and raise a family. For more information about our well-rounded community, visit: www.myHKY.com.

Social Media



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